

## ABOUT ME

At an early age I recognized the complexities of health insurance. While in high school, my parents taught me to clarify between my primary and secondary insurance when going to doctor's visits. I didn't quite understand why at the time, but I knew it was important I gave this information. I noticed sometimes I had to pay a copay up front, and sometimes we would get a bill in the mail weeks after a visit. When I moved to Chicago at age eighteen, I started submitting my own out-of-network insurance claims. My doctors would fill out complicated forms with a lot of information, and I became a "pro" at knowing which boxes I needed to sign in order to get reimbursed for these visits.

After college, I found myself working in healthcare and was drawn to all things insurance- this is where I gained insight from the provider perspective. I learned about deductibles and copays, how to call insurance companies, and that "superbill" is actually a real term. I began attending webinars and doing research in my free time to learn more about the health insurance industry. This was mostly out of curiosity and to get better at my job. Then I realized friends, family members, and neighbors could benefit from my extensive understanding of this complicated system.

I consult on everything from choosing a health insurance plan to understanding medical bills. I work with you to find the right health insurance plan to fit your needs, create a plan of action for contacting insurance companies or doctor's offices, and understand the medical billing process. Get in touch to learn more about my vision and consulting approach.

## EXPERIENCE

I have five years professional experience working for small businesses in the healthcare industry. I've gained first hand training and knowledge on a variety of aspects of health insurance:

- medical billing and coding
- submitting and correcting insurance claims
- claims denial appeals
- medical necessity reviews
- insurance verification and eligibility
- processing remittance advice
- ICD-10 and CPT codes
- cost estimates for services based on insurance policy coverage

## EDUCATION

- **Master of Social Work Candidate** (current)  
University of Illinois Champaign-Urbana
- **Bachelor of Arts Dance and Psychology**  
Columbia College Chicago